

TODDLER LUNCH

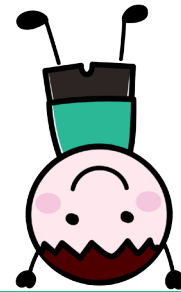
ideas

MEATS/PROTEIN

- Roasted Chicken
- Tuna Melt Quesadilla
- Cheese Quesadilla with Spinach
- Grilled Cheese with Spinach
- Turkey Breast
- Ham
- Hot Dogs
- Peanut Butter & Jelly
- Pistachios
- String Cheese

VEGGIES

- Sliced Cooked Carrots
- Raw Baby Carrots
- Green Beans
- Broccoli Flowerets
- Celery with Peanut Butter



FRUIT

- Grapes
- Raisins
- Avocado
- Cuties
- Apples
- Bananas
- Blueberries
- Strawberries



DESSERT

- Animal Crackers
- Flaxseed Crackers w/Peanut Butter & Honey
- Flaxseed Crackers w/Goat Cheese & Jelly/Jam
- Flaxseed Crackers w/Cream Cheese & Jelly/Jam
- Portable Yogurt (low sugar)
- Banana Jam & Crackers
- (bananas, peanut butter, & honey)